ABC of Dementia  
a *FREE* Alzheimer’s and dementia awareness and care-giving workshop

With a special presentation   
by the Memory Enhancement Center of America

**1 to 3 p.m. April 22, 2016**Parish Life Center  
Our Lady of Grace Catholic Church  
6 Roosevelt Blvd.   
Beverly Hills, FL  
  
What are “Alzheimer’s” and “dementia?”  
What can you expect of this progressive disease?  
How can you become a better care-giver?  
How do you reduce your own stress?  
What are some of the resources available to you?  
**Each participant will receive a take-away handbook.**  
 **Space is limited – It is Free,   
but Registration is required.  
Call 352-422-3663 or e-mail** [**deb@coping.today**](mailto:deb@coping.today) **Presented by  
Coping with Dementia LLC**