ABC of Dementia
a ***FREE*** Alzheimer’s and dementia awareness and care-giving workshop

Presented by Debbie Selsavage, President of Coping with Dementia LLC

**1:30 to 3:00 p.m. February 5, 2017**Hosted by St. Margaret’s Episcopal Church

**114 N. Osceola Ave, Inverness, FL**

What are “Alzheimer’s” and “dementia?”
What can you expect of this progressive disease?
How can you become a better care-giver?
How do you reduce your own stress?
What are some of the resources available to you?
***Each participant will receive a take-away handbook.***


 Coping with Dementia LLC

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